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MY EXPERIENCE ABOUT OVERCOMING CONFLICTS

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My experience with overcoming conflicts goes back to 2016 when I was just seven years old. I used to fight with my brother quite often, but we still had a great relationship, which is not that special.

One incident that stood out for me was when we had a great computer that surprisingly survived until this day. My mom only let us use it for 30 minutes each, and we had to give it to each other after our time was up. As I was the only one who knew how to read, when a game corrupted, I told my brother that it was because it was played for too long, and he believed me. So, he gave the computer to me, and I acted like I was fixing it, but instead, I just played it and said I was testing it. I was so smart in those days that I can't even believe it today. However, it didn't take long until he told my mother, and he took the computer back.

Then there was another incident that felt good. In a busy city, there was a small café where people came to chat and enjoy coffee. One rainy day, feeling troubled by conflicts, I went there to think. Sitting nearby was an old couple. They looked so happy together, but then they had a little argument. Instead of yelling, they stopped and listened to each other. They smiled and found a way to agree.

Watching them made me realize something important. Even though I was just a kid, I could learn from them. Conflict doesn't have to mean fighting. We can listen and find a solution. Leaving the café, I felt better. I knew that even though I might face problems, I could handle them better by listening and talking calmly. And just like that couple, I could find a way to get along with others.

As I grew older, I faced many more conflicts and challenges. But the lessons I learned from that small café stayed with me. I realized that conflicts are a natural part of life, and it is how we deal with them that matters. I learned that listening to others and trying to understand their perspective is essential to finding a solution. I also learned that conflicts can be opportunities to build stronger relationships, as long as we approach them with an open mind and a willingness to compromise.

Now I use these lessons in my everyday life, whether it's dealing with a difficult coworker or trying to resolve a disagreement with a friend. I approach conflicts with a calm demeanour, trying to understand the other person's point of view and finding common ground. And often, I'm able to find a solution that works for both parties.

Looking back, I'm grateful for the experiences that taught me how to overcome conflict. Without them, I wouldn't be the person I am today.